

Dear Parents and Caregivers,

We have had an exciting first week using our music integration program, My Music Starts Here! With this program, we use high-quality music learning to help support our brain development, social-emotional development, and overall wellness all while singing, moving to music, and playing games!

This week, we learned to sing the song, "Open, Shut Them" and speak the poem "Grandma's Glasses". We learned the counting song, "I Have One Friend" and we patted our laps to the steady beat.



*Did you know...*

Keeping the steady beat to music is a powerful way we can support a child's brain development to be ready to read!

Below are the words to the poem, "Grandma's Glasses". This week ask your child to speak the poem and do the motions that go with the words! Did your child make grandma's glasses look different than grandpa's glasses? Did your child make their voice a little lower for Grandpa? These are all signs that your child is listening, paying attention to details, and is able to remember all that they are learning!

And if all the details aren't quite there yet – that's okay! Practice the poem with your child at home a few times each day until they can say all of the words and do all of the motions without your help. This is a wonderful activity to support their language development and working memory while also having fun and bonding with your sweet kiddo.

And remember – sing and dance with your child every day! Enjoying music together is one of the best things we can do to ensure that our children are set up for a lifetime of joyful learning!

Sincerely,  
Mary

### Grandma's Glasses

These are grandma's glasses, and this is grandma's hat.  
And this is the way she folds her hands and puts them in her lap.

These are grandpa's glasses, and this is grandpa's hat.  
And this is the way he folds his arms just like that.