

Dear Parents and Caregivers,

We have had an exciting week using our music integration program, My Music Starts Here! With this program, we use high-quality music learning to help support our brain development, social-emotional development, and overall wellness all while singing, moving to music, and playing games!

This week we explored how we use all of the parts of our face to express emotion! A fun game you can play with your child is to take turns making faces with each other and guessing what emotion you are expressing. This supports your child's ability to recognize emotion in themselves and others, as well as growing their vocabulary around their feelings. It's also super fun to explore all of the ways we can change our facial expressions!

We learned about the guitar and how it makes sound by the strings vibrating. While we listened to Mike play the guitar, we kept the steady beat and made beat patterns!

We started learning the poem "Chop Chop Chippity Chop" and sang the song "Snowflakes Are Falling". Ask your child to demonstrate the new poem with the motions and sing the song for you. If they are not able to sing the whole song or do all of the motions yet, that is okay! Practice at home to reinforce what they are learning at school, and they will have the song and motions mastered very soon.

And remember – sing and dance with your child every day! Enjoying music together is one of the best things we can do to ensure that our children are set up for a lifetime of joyful learning!

Sincerely,
Mary

Chop Chop Chippity Chop

Chop, Chop, Chippity Chop
Chop off the bottom
And chop off the top
What we have left,
We'll put in the pot!
Chop, Chop, Chippity Chop!

As you speak the poem, pretend you are chopping veggies to put in a big pot of soup!

Snowflakes Are Falling

Snowflakes are falling all around
Snowflakes are falling on the
ground
Can you hear them?
Shh, shh
Can you hear them?
Shh, shh

As you sing the song, imagine snowflakes falling around you and try to capture that gentle magic in your singing voice.